



# BICYCLING IN CARSON CITY

# Why Bicycling?

## ❑ Good for You

- Good for your health
- Saves money in health care and gas

## ❑ Good for the Society You Live In

- Less congestion
- More social relationships (bike clubs)

## ❑ Good for the Country

- Less imported oil
- No bowing to oil tycoons

## ❑ Good for the World

- Reduced use of non-renewable energy
- Less global warming

# Resources

## □ Bicycle Clubs in Carson City

- Alta Alpina Cycling Club <http://www.altaalpina.com/>

## □ Advocacy Groups

- Muscled Powered Carson City <http://musclepowered.org/>
- Bike Carson <http://www.bikecarson.com/>
- NDOT <http://www.bicyclenevada.com/>

## □ Bike Shops

- The Bike Smith (775) 883-3210
- Bike Habitat <http://bikehabitat.com/>
- Bicycle Authority (775) 884-1555

# Route Maps

- ❑ Muscled Powered - NDOT gives away large size maps

[http://musclepowered.files.wordpress.com/2008/12/bikeroutemap\\_front.pdf](http://musclepowered.files.wordpress.com/2008/12/bikeroutemap_front.pdf)

- ❑ Google directions for bicycles

- ❑ Enthusiastic bicyclist Dan Allison put out valuable resources

[http://carsonbicycle.raincloudpub.com/bike\\_map/index.shtml](http://carsonbicycle.raincloudpub.com/bike_map/index.shtml)

# Bicycling Laws

- ❑ All laws ensuring personal responsibility
- ❑ Night Riding
  - A lamp on the front
  - A red reflector on the rear
  - Reflective material visible from both sides of the bicycle (usually fixed on the wheels)
- ❑ Don't carry anything in one hand
- ❑ Don't park the bicycle in a car parking space (Not a law)
- ❑ Don't ride in snowy conditions

# Message to Rude Car Drivers

